

IN THE SPECIFICATION

Please amend the specification as follows:

The paragraph beginning at page 17, line 12 is previously amended. The previously amended paragraph is further amended as follows:

The plate structure 130' optionally further includes a depression 144 therein. The depression 144 of the plate structure 130' is sized and positioned to be disposed, at least partially, within the recess 112' of the support structure 110'. The depression 144 is defined in part by two side edges 146, 148, and in one option forms an elongate coupling member 156. It should be noted that the elongate coupling member 156 can be associated with the plate structure 130' in other ways. For example, the elongate coupling member 156 can be disposed above the top surface of the plate structure. The depression 144 is optionally deep enough to form a strut therein. Flanges 142 extend adjacent and/or into the depression ~~[[142]]~~ 144 to further assist in forming a strut-like structure with the depression ~~[[142]]~~ 144. Members such as clamps are further optionally included, as discussed above. The members such as clamps are adapted to support an elongate structure therein or thereon. The types of clamps which can be used with the support device includes, but is not limited to, pipe clamps cable clamps, electrical fittings, saddles, brackets, spring bolts, beam clamps, and roller clamps.